



Te Whānau Whāriki

Ka Moemoea Tātou Ka Taea

NEWSLETTER

Wāhanga 4 Wiki 1-2 | 18 Whiringa-ā-nuku



“Karia te māra, whakatōhia ngā purapura, tiakinā ngā tipu kia”

“hua, kia puāwai kia hua ake anō ko te māhuri e”.

Prepare your garden, plant the seeds, nurture and tend to the plants, watch them prosper and flower and enjoy the turning.

Ngā Kaiako

This term our Kaupapa will be based around “Te Maara Kai” Vegetables and all things organic. Our tamariki will be learning how to grow things in a safe and sustainable way, and how to run their own successful gardens. Learning to enjoy gardening and have positive attitudes to agriculture, respect for and interest in their school environment. To talk to families and community members about gardening practices.

PB4L

PB4L: I show respect for my teachers and my classmates by being on time and ready to learn soon after the break bell has gone.



Te Kura O Ritimana

Richmond Road School

Growing Together As One

Office Hours 8.30am-3.30pm

Phone 09 376 1091 | Email office@richmondroad.school.nz

Facebook www.facebook.com/RichmondRoadSchool

Banking 12-3011-0757539-00

richmondroad.school.nz

Wātākā

I ngā Akomanga o Te Whānau Whāriki. Anei ētahi o ngā whakaahua i roto i ngā akomanga.

- Termly Rōpu whānau hui Thursday 26th October (currilcum updates)
- Creative Fridays start week 1.



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On Wednesday 8th November all Year 5 and 6 students have the opportunity to participate in Positive Puberty Education and Empowerment Programme which is implemented by Nest Consulting. This will be a full day learning event.

More information and permission slips have been sent home on Monday. Please collect one from the school office if you didn't receive one.



Your tweens will be experiencing a fun, positive, engaging, interactive and informative Puberty Education and Empowerment programme.



YEAR 5 and 6 ONLY

PARENTS INFORMATION EVENING

**Wednesday 25th October 2017
6pm to 7pm in the school hall**

Please email office @richmondroad.school.nz to book your spot now
(spaces are limited)

Richmond Road School Hats Now Available



Our new school hats are now on sale. There is a choice of a bucket style or cap. Also just a reminder that the NO HAT NO PLAY rule is now on. The cost is \$20.

Richmond Road School - Te Kura o Ritimana T Shirts

Thank you for your expression interest and feedback regarding our school T Shirts. We have a choice two designs available on quality AS Colour brand T Shirts for pre purchase order at the school office.



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The cost is \$25 per T Shirt. This can be paid at the school office by cash, cheque or eftpos.

Child sizes available: 6, 8, 10, 12 and 14 (S)

Adult sizes available: S, M, L and XL

Pre purchase ordering will close on Friday 10th November (end of week 4). This will ensure distribution before the end of this term and in time for summer!

Please note that pre purchasing will need to be made before we place the order. This will ensure they can be distributed before the end of term.

Size samples and close up designs are available at the office for viewing.

Design 1



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Design 2



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Mindfulness and Yoga at Richmond Road School

Te Kura o Ritimana

Wednesdays after school at Richmond Road Primary, classroom: Room 1 in The Village

3.05pm to 3:35pm Cost \$100 for 5 weeks

5 week course starts: Wednesday 25th October. All funds benefit our charity work with vulnerable youth.

The Kindness Institute specialises in mindfulness education and we've seen great benefits for students learning, listening, confidence, improving sleep, focus and anxiety.

Mindfulness is being practiced in many schools and is an evidence based tool that can be used over a lifetime to reduce stress and anxiety (which isn't unique to adults) and support people's ability to flourish. Our program is developed based on research out of Holistic Life Foundation supported by Harvard and Jon Hopkins Medical School.

In this fun course, we explore mindfulness meditation in a hands-on way through group and partner activities, art and crafts, play and breathing. Children will learn about focus, calmness, gratitude, self love, stress management and yoga asanas.

We take a small number of students over the term.

All year levels (Y1-6) are welcome in this course. No experience is necessary. New term curriculum. See testimonials and information on our work [here](#).

[Click here](#) to make a booking.

Booking link: <https://clients.mindbodyonline.com/classic/ws?studioid=913887&stype=-8&sView=day&sLoc=0&date=10/25/17>

(Booking info: When you sign up on mindbody following the link, you will create your own account and from there you can choose which class you would like your child to attend. Click 'I am paying for someone else' and you will enter their name. By paying for one course your child is automatically signed up to all 5 classes. You can alternatively use the mindbody app to book by searching 'The Kindness Institute' and the date the course starts)



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